



Information:

GR-1500 - 1504

Apilarnil - Instructions for use and storage

Where does Apilarnil come from?

Our Apilarnil comes exclusively from a bee keeper in Baden-Wuerttemberg (Germany). The bees are being kept within strict organic guidelines. They are treated with organic acids only, which leave no residue. The apiary is a member of the DAB (German Apiterapy Asc.) – German apiary registered association, and the bee keeper has absolved an apiary training and engages himself since more than 20 years in apiary therapy.

Harvest of Apilarnil

- drone combs taken, shred, pressed, packed and frozen.
Taking of the comb till freezing in maximum 2 hours.

Taste

- The drone combs also contain some Propolis, honey and pollen in different amounts, therefore the lightly sweet and nutty taste of Apilarnil.

Dose

- FRESH: (please shake the glass of Apilarnil before use!!) – Please follow therapeutic recommendations: 1tsp (5ml) up to 2tbs (20ml) per day.
- Lyophilic: Please follow therapeutic recommendations ¼ tsp up to 2 tsp per day.
- depending on therapeutic goals one can also add up to 10 drops of Propolis tincture
- And/or 2g fresh Pollen (split dry pollen) or bee bread per 10ml Apilarnil, add before administration!!
- Apilarnil should not remain mixt with other products since this reduces the bio-activity of this product (as with Royal Jelly)
- sensitive patients can mix walnuts with it to have something to chew on, thereby improving the absorption of the Apilarnil by the lining of the mouth.
- The sublingual-method is still better, as with Royal Jelly.

Storage – Fresh/Lyophilized

Fresh:

- Apilarnil contains high-quality protein components similar to Royal Jelly, which degenerate very quickly under the influence of oxygen and heat. Freeze full containers by -20°C – keep the opened glass for a maximum of three weeks in the fridge – do not store above +5°C.
- depending on the amount you ordered and depending on the amount you need daily, you can divide the Apilarnil, for example 30g divided by 3.10g or 2x15g glasses-and refreeze.

Lyophilized:

- store dry and protect from strong heat

Transport

- Deep frozen, packed in polystyrene. The product should reach your delivery address after 24-48 hours (according to DHL, the rule is 24 hours). The product will be defrosted at that time and can be refrozen in small parts (according to your need) without loss of quality.
- From May to October you should choose the express delivery or alternatively order Lyophilized Apilarnil.
- Please read also the DAB-description about Apilarnil – www.apitherapie.de or www.apiterapy.com
- For further questions you are welcome to contact me.
- Good success with Apilarnil therapy.



Information:

Best refreeze fresh Apilarnil instantly and take your daily supply out of the freezer!!!!

Lyophilized Apilarnil - close the container immediately after use!

Tips for the storage and use of fresh Royal Jelly and Apilarnil.

Fresh Royal Jelly / Apilarnil is a natural product and has to meet certain requirements of storage since it is easily perishable.

After receiving Royal Jelly/Apilarnil it is recommended to keep them in the fridge and only take out for use. It is best to refreeze Apilarnil and only take your daily needs.

Remove the needed Royal Jelly/Apilarnil quickly. Please use always clean spoons, wooden or plastic spatulas etc. Leave 10 minutes under the tongue before breakfast, several times daily if needed.

After opening the package the Royal Jelly/Apilarnil needs to be put back in the fridge.

Please seal the container carefully.

